

Gluten Free Desserts

Mini Desserts:

Pecan Tart, Chocolate Caramel Pecan Tart,
Vegan Chocolate Fudge Tart,
Chocolate Raspberry Truffle Tart,
Chocolate Dipped Cheese Cake,
Double Chocolate Mousse Cake,
Lemon Meringue Tart, Key Lime Tart

Cakes:

Triple Sin Chocolate Cake,
Double Chocolate Mousse Cake,
Cookies and Cream Cake (Dairy Free),
Carrot Cake (Dairy Free Available)

Gluten Free Italian Gelato

Lilit Café's Gluten free Italian Gelato prepared from natural ingredients. We offer a wide variety of flavors, which can be sampled before ordering **Lower in fat and less calories than most Ice Cream.**

Gluten Free Gelato Cups

Small.....\$3.75
Medium.....\$4.25
Large.....\$4.75

GF Containers To Go

Pint..... \$7.99
Quart.....\$13.99

Gluten Free Beer/Wine

Gluten Free Beer/Ciders
Red Bridge, New Grist, Bards
Woodchuck Granny Smith, Amber & 802
Beer & Wine are available at our cafe for drinking and take away

The Story behind the Cafe

In 2005, a family member was diagnosed as gluten-intolerant. We lived and cooked under the same roof and I learned the struggles a gluten-intolerant person faces when dining at home, at restaurants and when visiting friends and families.

Newly aware of this issue, I started Lilit Café to make life easier for the gluten-intolerant and for their families by carrying Sweet Sin Bakery products. Over time, our gluten-free menu grew to a complete meal, not just baked goods. We even have gluten-free Beer and Cider. The menu continues to grow on a day-to-day basis, just ask about our specials.

Our staff are meticulous about preventing cross-contamination with gluten and wheat free meals. We cater to our wonderful gluten-free folk with a delicious variety of food. Your suggestions or feedback are most welcome.

Don't forget to have a look at our wide selection of gluten-free products.

Thank you and visit soon,
Davinder Singh.

Sweet Sin Bakery'S GF Products

Sandwich Bread, Focaccia, Brownies, Pizza Crust

Muffins: Chocolate Chip, Blueberry, Raspberry,
Pumpkin

Cup Cakes: Chocolate, Peanut Butter, Cappuccino,
Vanilla and more

Cookies: Sugar, Snicker doodles, Chocolate Chip,
Peanut Butter, Peanut Butter Jelly

Other GF Products

We also Carry: Gluten Free Baguettes, Bagels,
Donuts, English Muffin, Wraps, Hamburger buns,
Crackers, Pretzels, Chips, Salad Dressing, Pasta
and Gelato

Lilit Café

GOURMET FOOD & FINE WINE



Gluten Free Menu

Mon - Sat - 10am - 10pm
Sunday - 10am - 8pm

Please Sign Up on
our Website to Receive
Discount Coupons Plus Notice
of Upcoming Specials and
Events!

Italian Gelato
Fine Wine & Beer
Boar's Head Meat & Cheese
Catering Available
Free Internet

Tel: (301) 654-5454
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Bethesda, MD 20814

Prices subject to change
Updated on May 2010

Gluten Free Breakfast

Omelets

Greek Omelet \$ 7.99

3 Eggs, Fresh Tomato, Feta Cheese, served with two GF Toast

Veggie Omelet \$ 7.99

3 Eggs, Mushroom, Tomato, Green Pepper, Onion served with two GF Toast

3 Egg & Cheese Omelet \$ 6.99

3 Eggs with Cheddar Cheese served with two GF Toast

3 Egg & Cheese, Bacon or Ham \$7.99

3 Egg and Cheddar with bacon or ham served with two GF Toast

Breakfast Sandwiches

Egg & Cheese \$5.50

Ham, Egg & Cheese \$5.99

Bacon, Egg & Cheese \$5.99

French Toast \$5.99

2 French toast served with organic maple syrup

GF Bagel with Cream Cheese \$3.99

Extra Cream cheese \$0.99

Gluten Free Appetizers

Hummus Platter: \$8.99 (DF, Veg)

Hummus with Olive Oil, Cucumber and Served with GF Bread

Brie Melt : \$9.50 (Veg)

Melted Brie on toasted GF Baguette, topped with Bruschetta and an Olive

Caprese Salad: \$8.99 (Veg)

Fresh Mozzarella, Tomatoes and Fresh Basil, served with Toasted GF Baguette.

Cheese Sampler: \$10.50 (Veg)

Combination of three different cheeses Served with GF Baguette and Olives

Italian Meat Platter: \$10.50

Ham, Genoa Salami, Pepperoni, Prosciutto, Provolone Cheese served with GF Baguette

Shrimp Cocktail: \$10.99

5 Shrimps Served with Cocktail Sauce

Stuffed Shrimp: \$13.99

2 Jumbo Shrimps stuffed with Crabmeat

Gluten Free Soups

Cup\$4.50

Bowl.....\$6.50

Gluten Free Salads

House Salad \$6.50 (DF, Veg)

Tomatoes, Cucumber, Onion, Red & Green Pepper, Romaine Lettuce.

Greek Salad \$7.99 (Veg)

Romaine Lettuce, Tomatoes, Cucumbers, Green Pepper, Olives, Red Onion, Feta Cheese

Antipasta Salad \$8.99

Romaine Lettuce, Italian Meats & Cheeses, Peppers, Olives, Tomatoes, Red Onion, Balsamic Vinaigrette.

Caesar Salad \$6.50 (Veg without dressing)

Romaine Lettuce, Topped with Shredded Parmigiana Cheese, GF Crouton & GF Caesar dressing

Add Grilled Chicken \$2.50

Extra GF Dressing \$ 0.50

All sandwiches are served with your choice of

Gluten Free Sandwiches

Bread: GF Bread.....\$7.50 GF Baguettes\$8.99
(DF Sandwiches also available)

Lotto

Turkey, Roast Beef, Swiss & American Cheese

Classic Italian

Ham, Genoa Salami, Pepperoni, Provolone

Pastrami

Pastrami, Melted Swiss Cheese, Lettuce, Tomato & Mayo

Caprese (Veg without Turkey)

Fresh Mozzarella, Tomatoes, Fresh Basil, Balsamic Vinegar, (Add Turkey +\$1)

Palermo (Veg)

Grilled Eggplant, Tomatoes, Fontina Cheese

Steak & Cheese /Chicken Cheese

Steak, Lettuce, Tomato & Mayo

American Grilled Cheese: \$3.99

(DF : Dairy Free ; GF : Gluten Free ; Veg : Vegetarian)

Gluten Free Pizzas

Cheese Pizza: \$ 13.99 (Veg)

Shredded Mozzarella and Tomato Sauce

Margarita Pizza: \$15.99 (Veg)

Fresh Tomatoes, Fresh Mozzarella, Fresh Basil, Shredded Mozzarella, Tomato Sauce

Veggie Pizza: \$15.99 (Veg)

Fresh Tomatoes, Mushrooms, Roasted Peppers, Green Peppers, Black and Green Olives, Shredded Mozzarella, Tomato Sauce

Chicken Pizza: \$15.99

Marinated Grilled Chicken, Onions, Roasted Peppers Shredded Mozzarella, Tomato Sauce

Pepperoni Pizza: \$15.99

Pepperoni, Shredded Mozzarella, Tomato Sauce

Gluten Free Entrees

Kafta Kabobs: \$10.99 (DF)

Beef Kabob (Ground Beef) marinated and grilled served with Basmati Rice and side salad.

Grilled Vegetable: \$ 9.99 (Veg, DF)

Grilled vegetable served on tomato sauce
Basmati Rice

Lasagna: \$13.99 (Veg, except meat)

Choice of Lasagna

(Meat, Spinach or Eggplant)
served with Caesar salad

Broiled Salmon: \$13.99 (DF available)

Broiled Salmon served with potato Au Gratin and side salad.

Crab Cake Platter: Single \$12.99 Double \$ 23.99

Crab Cake Served with Salad, Basmati Rice, Cocktail Sauce, Balsamic Vinaigrette.

(House Speciality) (DF available)

Alaskan Cod: \$15.99

Wild Alaskan Cod served with Sautéed Spinach, Ratte Potato and Seafood Cream Sauce

Grilled Lamb Chops : \$16.99

Four Grilled New Zealand Lamb chops served with Moroccan style Grilled Vegetable Salad